Jarah Jacquay, MSN, RN-BC, CNL

2325 Aegean Terrace Pensacola, FL 32503 jarah.jacquay@gmail.com 850-418-9089

Licensure

Registered Nurse #9292708, May 2009 to Present State of Florida

Civilian Employment

Nurse Specialist, Anesthesiology, 11 Dec 2017 to Present (4 Years, 4 Months) Naval Hospital Pensacola, Pensacola, FL

- Provide safe and effective perioperative nursing care to patients undergoing oral and maxillofacial and periodontal surgery.
- Duties include moderate sedation, leadership/education of junior enlisted service members, care coordination, and process improvement services for NBHC NAS Dental Clinic and Naval Hospital Pensacola.
- NBHC NASP Code Blue Officer and Member of Command Moderate Sedation Committee and Lean Six Sigma Green Belt Quality Improvement Team.

Pain Management Nurse, 03 Jan 2017 to 08 Dec 2017 (12 Months) Naval Hospital Pensacola, Pensacola, FL

- Worked with an interdisciplinary team of physicians, physical therapists, psychologists, and CAM practitioners to improve the quality of life and mission readiness of active duty military personnel experiencing acute and chronic pain.
- Provided case, care, and disease management services, education, group psychotherapy, and moderate/procedural sedation to patients and project/program management assistance to departmental and command leadership.
- Cross-trained to provide staffing support to the OR, PACU, Oral/Maxillofacial Surgery, and Endoscopy Departments.

Clinical Nurse Leader, 06 June 2016 to 26 Aug 2016 (3 Months)

Critical Care Services, Baptist Hospital, Pensacola, FL

 Worked with staff nurses, nursing leadership, physicians, pharmacists, social workers, patients, and families to ensure that all patients admitted to Baptist Hospital's critical care areas (total of three units) received safe, compassionate, evidence-based, and costeffective care.

- Partnered with Baptist Hospital's quality, infection control, and nursing education departments to reduce CLABSI, CAUTI, VAP, and HAPU rates by standardizing, disseminating, and monitoring adherence to best practices and by evaluating long-term patient outcome data.
- Served as a role model to critical care staff and provided support in the provision of direct patient care to medically complex patients.

Sr. Professional Staff Nurse, 01 Oct 2014 to 03 June 2016 (21 Months) Radiology Department, UPMC Presbyterian Hospital, Pittsburgh, PA

- Provided attentive and professional nursing care to patients in locations that utilize x-ray, fluoroscopy, angiographic imaging, ultrasound, computed tomographic (CT), magnetic resonance imaging (MRI), and nuclear imaging technologies.
- Duties included pre, intra, and post-procedure patient assessment and monitoring, patient/family education, medication administration (including moderate sedation) as ordered by the radiologist, and rapid response duties for departmental patient care emergencies.
- Led a patient safety initiative to introduce waveform capnography as a standard of care for high-risk patients receiving moderate sedation in the MRI-suite by providing didactic instruction and hands-on skills training to radiology nursing staff.
- Promoted from Professional Staff Nurse to Sr. Professional Staff Nurse in January 2016

Psychiatric Nurse, 06 Jan 2014 to 26 Sept 2014 (9 Months)

Mercy Behavioral Health Crisis Center, Pittsburgh Mercy Health System, Pittsburgh PA

- Provided medication reconciliation and administration, psychotherapy, case and care management, first-aid, drug and alcohol detoxification, and emergency referral/triage services for clients in two inpatient psychiatric programs, a walk-in crisis center and a diversion and stabilization (DAS) unit.
- Chosen to attend a 24-hour Wellness Coach Training Program at Penn State University provided by Collaborative Support Programs of New Jersey and faculty in the Department of Psychiatric Rehabilitation and Counseling Professions at Rutgers University.

Critical Care Nurse, 08 June 2009 to 29 April 2011 (23 Months) Medical Intensive Care Unit, UF Health Shands Hospital, Gainesville, FL

- Provided safe, individualized, and evidence-based nursing care in an American
 Association of Critical-Care Nurses (AACN) Beacon Award-winning 24-bed Medical
 Intensive Care Unit (MICU) housed in an 852-bed quaternary teaching hospital.
- Member of a unit-based "Stress Reduction Committee" and chosen to receive specialized training in hospice/palliative care and to serve as a unit "champion" and peer-resource on end of life issues.

Civilian Education

Master of Science in Nursing, Clinical Nurse Leader (CNL)

University of Pittsburgh, Pittsburgh, PA

Graduated: April 2016

Bachelor of Science in Nursing

University of Florida, Gainesville, FL

Graduated: May 2009

Board Certifications and Special Skills

April 2019 Lean Six Sigma Greenbelt (LSSGB)

BUMED, Department of the Navy (DON)

May 2016 Clinical Nurse Leader (CNL),

Commission on Nurse Certification (CNC)

March 2016 Sigma Theta Tau Nursing Honor Society, Eta Chapter

November 2015 Pain Management Nurse, RN-BC,

American Nurse Credentialing Center (ANCC)

April 2010 Pediatric Advanced Life Support (PALS),

American Heart Association (AHA)

March 2010 Advanced Cardiac Life Support (ACLS),

American Heart Association (AHA)

August 2007 Basic Life Support (BLS) for Healthcare Providers,

American Heart Association (AHA)

Research Experience

The Pancreatic Adenocarcinoma Gene Environment Risk (PAGER) Study

- University of Pittsburgh Graduate Research Practicum, January to April 2013
- Principal Investigator: Randall Brand, MD, Professor of Medicine, University of Pittsburgh
- Institution: University of Pittsburgh and Wayne Fusaro Pancreatic Cancer Research Fund

Responsibilities: Data Collection and Analysis; Patient Recruitment and Follow-Up.

Presentations

- Jacquay, J.V. (2016) *CNLs and the Triple Aim*. Systemwide Quarterly Leadership Meeting, Baptist Healthcare System; Pensacola, FL
- Jacquay, J.V., Pesanka, D. (2016), *Pink for Pain: A Lean-Inspired Experiment in Pain Management*. Staff Meeting. 5 West Orthopedics, University of Pittsburgh Medical Center (UPMC) Shadyside Hospital.
- Jacquay, J.V., Saul, L. (2016), My Daily Plan of Care: Staff and Patient Survey Results,
 Advanced Practice Nurses' Meeting, University of Pittsburgh Medical Center (UPMC)
 Shadyside Hospital.
- Jacquay, J.V. (2014), Waveform Capnography for Patients Receiving Moderate Sedation in the MRI Suite. Staff In-service. Department of Radiology, University of Pittsburgh Medical Center (UPMC) Presbyterian Hospital
- Jacquay, J.V. (2014), Arterial Blood Gas (ABG) Basics, Progressive Care Nursing Course, Nursing Education Department, University of Pittsburgh Medical Center (UPMC) Presbyterian Hospital
- Jacquay, J.V. (2014), Radiology Safety for Nurses. Advance Medical-Surgical Nursing Course.

 Nursing Education Department, University of Pittsburgh Medical Center (UPMC)

 Presbyterian Hospital
- Jacquay, J.V. (2014), *Basic Arrhythmia Course*. New-Hire Nursing Orientation. Nursing Education Department, University of Pittsburgh Medical Center (UPMC) Presbyterian Hospital
- Inoue, H., & Jacquay, J.V (2013). *Local Anesthetics and Regional Anesthesia*. Scholarly Presentation. Department of Nurse Anesthesia, School of Nursing. University of Pittsburgh.
- Werner, C., Adcock, B, Balzer, D, & Jacquay, J.V. (2013). *Upper Lip Bite Test: A Useful Tool for Preoperative Airway Assessment*. Scholarly Presentation. Department of Nurse Anesthesia, School of Nursing. University of Pittsburgh.
- Grost, E., Adcock, B, Balzer, D, & Jacquay, J.V. (2013). Postoperative Shivering: Etiology,

Prevention, and Treatment. Scholarly Presentation. Department of Nurse Anesthesia, School of Nursing. University of Pittsburgh.

Jacquay, J. V. (2012). *Craniofacial Defects: Anesthesia Implications*. Scholarly Presentation. Department of Nurse Anesthesia, School of Nursing. University of Pittsburgh.

Community Involvement

Member, Zoning Board of Adjustment, City of Pensacola (March 2022 to Present)

Volunteer, Adult Education, Cathedral of the Sacred Heart (June 2021 to Present)

Member, Districting Commission, City of Pensacola (June 2021 to January 2022)

Member, Parks and Recreation Board, City of Pensacola (May 2020 to March 2021)

Member, Steering Committee, CivicCon (August 2017 to January 2020)

Member, Bike Pensacola (May 2017 to Present)