

Waterfront Rescue Mission (WRM) Proposal of Ideas for ARPA Funds

The following ideas represent two viable options that WRM could initiate and support, as it relates to the federal dollars available through the American Rescue Plan Act (ARPA). These ideas comprise rough sketches and starting points, of course, of what the ultimate logistics may involve. Please reach out to WRM for clarification on what we are submitting.

1. WRM Recuperation Dormitory Narrative and Cost Information

Community Collaboration with Waterfront Rescue Mission's Recuperation Dormitory

Goal: Serve the homeless and indigent while helping local hospitals address the challenges involved with discharges in this population.

In collaboration with Waterfront Rescue Mission (WRM), Baptist Health Care, West Florida Hospital, Sacred Heart, Opening Doors, and Community Health of NWFL and other community collaborators there is an opportunity to meet the needs of those who face the additional challenges related to their health or state of recovery following a hospitalization due to their economic or housing circumstances. There are numerous individuals each month who might "Fall through the cracks" in having their care needs met if they were discharged to their own care without guidance and monitoring OR if they were discharged to an unsafe home environment. In this environment, our collaboration would help ensure a smoother clinical transition and a better discharge following hospitalization.

This approach would involve a safe place of stabilization and monitoring not in the hospital. The collaborative focus with surrounding partners is planned to help the local healthcare entities ensure that appropriate services are provided to this forgotten population "after they leave their care setting". This would also address issues such as clogged hospital emergency rooms, reducing unnecessary and costly ambulance services, having early clinical interventions due to ongoing monitoring or staff engagement, and potentially avoiding relapses or negative post hospitalization outcomes all together.

Project Description

Our goal is to serve 8-10 resident guests at any given time (concurrent) in the Waterfront Recuperation Dormitory. Individuals capable of being discharged to home, would be eligible to be placed at WRM under certain admissions criteria. This would allow for rotation of admissions, planned and unplanned discharges. The anticipated length of stay may vary, but none are expected to last beyond a few weeks. Monitoring, coordination, scheduling care, stabilization and recuperation will be the primary objectives of this program. By serving these projected numbers, we anticipate that we can provide roughly \$190 per day of economic value to the impoverished through the leveraged dollars we manage here at Waterfront Rescue Mission (via cash donations, volunteer hours, food

donations, store contributions, etc.). This approach requires coordination and collaboration for healthcare monitoring.

Summary of the Recuperation Program

- Contractual agreement of payment and collaboration for all interested and willing parties clearly delineating responsibilities and expectations.
- Provide bed, shower, meals
- Unit Coordinator(s) to help with communications, scheduling, coordination, collaboration, and monitoring clients discharged from the local hospitals.
 - Coordination with transportation
 - Liaison for efforts with other community partners
- Specific recuperation beds would be prioritized for discharged hospital patients (those capable of being discharged to a home setting).
- Short term stays only for recuperation. WRM is Not a health-related facility nor are any clinical services directly provided.

Projected Budgeting Information

- WRM Current Actual Costs:
 - WRM Current Direct Cost Per Client is \$43 per client day for routine operating expenses.
 - With allocations, administration & capital expenses; those costs are \$68 per client day
 - Projected costs including additional staffing could range upwards to \$74 per client day for the 10 designated beds with allocations.
 - However, WRM believes it can provide these services initially for \$43 per client per day which would equate to \$430 per day for 10 beds.
 - The monthly projected need would equate to \$12,900 Per Month for the designated 10 beds to be equipped, staffed and available each day.
 - Additional 2 FTE for Intake, Communications, Logistics and Monitoring
 - WRM is prepared to collaborate with others and including \$154,800 in direct Mission Expenses = \$43 per day for each client

2. Provide mental health services on campus at WRM's Day Resources Center (DRC).

- Person could be an employee of Lakeview but would office at WRM campus for purpose of seeing guests/clients to address short-term, acute mental health issues for longer term purpose of advancing them into program of some kind (Lakeview, WRM, and/or West Florida's Pavilion, etc.).
- This service addresses acute, immediate on-site, mental health needs that occur often daily at the WRM DRC Campus. While physical health is addressed through partnership with Community Health of NWFL at the clinic, mental health needs are desperate. Due to a disparity of trained mental health workers and staff, law enforcement and ambulances are called frequently to keep others safe. If this person(s) were available to counsel with, then many of these 911 calls could be reduced here (and additionally at other sites), as the guests are helped and referred.

Projected costs:

Costs would include project personnel, program supply/equipment costs, as well as training/development.

Potential funding total (3 years): ~ \$400,000

ROI:

Community savings would provide relief on emergency services of health care system. WRM, Lakeview, and/or Community Health of NWFL could absorb the operational costs between the three of them for ongoing support.

Note: This proposal idea was originally submitted as part of a collaborative grant between Baptist Healthcare, Waterfront Rescue Mission, Lakeview Center, and Community Health of NWFL.